



Can You Get Food This Good in a Hospital?

In Willits you can. The Physicians Committee commends **Adventist Health Howard Memorial** for providing tasty, plant-based meals that promote healing and fight disease.

The American Medical Association is urging hospitals to eliminate cancer-causing processed meats, and Howard Memorial is one of the first to do so!

Ask your local hospital to follow Howard Memorial's lead and adopt the AMA's Healthy Food Options in Hospitals policy.

Learn more at www.MakeHospitalsHealthy.org

PhysiciansCommittee
for Responsible Medicine