

Saturated Fat: 0 g

Calories From Fat: 3%

Cholesterol: 0 mg

Protein: 3 g

Carbohydrates: 48 g

Sugar: 29 g

Fiber: 6 g

Sodium: 2 mg

Calcium: 12 mg

Iron: 0.6 mg

Vitamin C: 21 mg

Beta-Carotene: 91 mcg

Vitamin E: 0.3 mg