



**Saturated Fat:** 0 g

**Calories From Fat:** 3%

**Cholesterol:** 0 mg

**Protein:** 3 g

**Carbohydrates:** 48 g

**Sugar:** 29 g

**Fiber:** 6 g

**Sodium:** 2 mg

**Calcium:** 12 mg

**Iron:** 0.6 mg

**Vitamin C:** 21 mg

**Beta-Carotene:** 91 mcg

**Vitamin E:** 0.3 mg