The effect of a plant-based diet on overall nutrition:


Plant-based diets for diabetes:


Plant-based diets for weight control:


Plant-based diets for cholesterol control:


Plant-based diets for blood pressure control:


On the acceptability of plant-based diets:


Diet and cancer:


Diet and acne:

**Medical costs of meat consumption:**


**The dangers of animal waste:**


**Racial bias in nutrition guidelines:**


**Plant-based diets for dysmenorrhea:**


**Dairy products, bone health, and body weight:**
