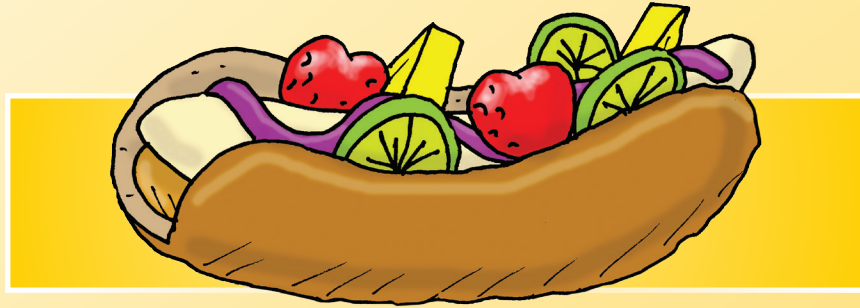


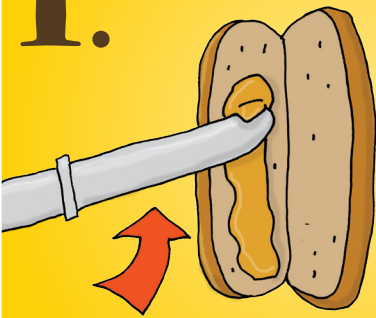
This **DOG** is **B-A-N-A-N-A-S**



A hot dog a day can significantly raise your risk for cancer, heart disease, and type 2 diabetes. Drop the hot dog and choose a banana dog today!

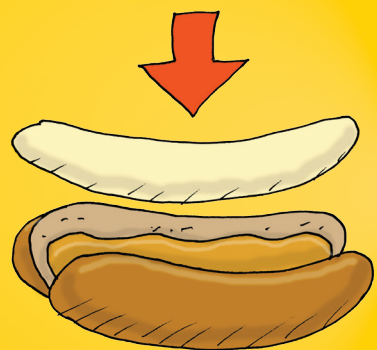
FOUR STEPS TO AN AWESOME BANANA DOG:

1.



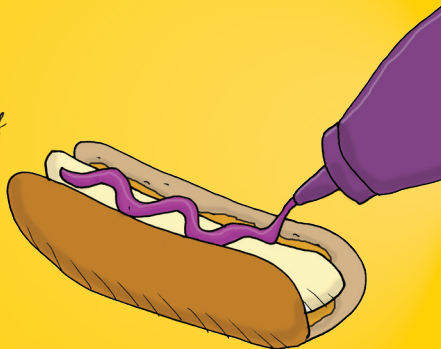
Spread your favorite nut or seed butter onto a bun.

2.



Peel a banana and place it in the bun.

3.



Spread jelly or jam on top of the banana.

4.



Add your favorite toppings!

Brighten up your banana dog with strawberries, kiwi, pineapple, or coconut!

www.DropTheHotDog.org

PhysiciansCommittee
for Responsible Medicine