FOR IMMEDIATE RELEASE  
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AMA STATEMENT

"In the early 1990s, AMA spokespersons made critical comments pertaining to the dietary recommendations issued by the Physicians Committee for Responsible Medicine (PCRM). These statements regarding diet are no longer current, as the AMA does not have policy specifically addressing vegetarian diets or the inclusion of milk in a diet. The AMA recognizes that a great deal of scientific evidence has been accumulated on nutritional issues over the past decade and supports continued research into the overall relationship between diet and health."

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