



Finally!

*A prescription with
side effects you want.*

Blueberries and red beans are powerful remedies against cancer. Research shows that fruits, vegetables, and other low-fat vegetarian foods may help prevent cancer and improve survival rates. A plant-based diet can also help lower cholesterol.

**For a free nutrition booklet with
cancer fighting recipes, call toll-
free 1-866-906-WELL or visit
www.CancerProject.org**