

HOOP DREAMS

How Healthy School Lunches Can Improve Child Health and Reduce Health Care Costs

Get your free
Healthy School
Lunches basketball
autographed by
NBA legend
John Salley.

Co-hosted by Congressman Jared Polis and PCRM

Children dream big. Many want to be basketball stars or celebrity chefs or members of Congress. But the opportunity to grow up healthy shouldn't be just a dream. That's why healthy school meals are so important.

On Wednesday, Nov. 18, a star athlete will join leading researchers, educators, and students to discuss how Congress can stay on its game by reforming the Child Nutrition Act to help schools offer healthy lunches that would reverse America's obesity epidemic and other diet-related diseases that stress our health care system.



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- **NBA Champion John Salley** and others will discuss how to improve child health and nutrition by improving the foods served in our nation's lunchrooms.
- **Celebrity Chef Lauren Von Der Pool** will conduct a cooking demonstration and invite participants to sample an array of healthy lunchroom-friendly foods.
- **Congressman Jared Polis, PCRM President Neal Barnard, M.D., and PCRM Director of Public Affairs Elizabeth Kucinich** will discuss priorities for child nutrition in schools, including provisions to help schools offer more fruits, vegetables, low-fat vegetarian foods, and calcium-rich nondairy beverage alternatives.
- **Washington, D.C., middle school and high school students** will talk about their school lunch experience.



What: Hoop Dreams: How Healthy Lunches Can Improve Child Health and Reduce Health Care Costs

When: Wednesday, Nov. 18, 2009, 10:30 a.m.

Location: B339/B340 Rayburn House Office Building

Registration: Open to all

More Information: Please contact PCRM nutrition policy manager Ruby Lathon, Ph.D., at 202-686-2210, ext. 379, or rlathon@pcrm.org

PCRM

Sponsored by the Physicians Committee for Responsible Medicine (PCRM), a nonprofit health organization that promotes preventive medicine through good nutrition, conducts clinical research, and encourages higher standards for ethics and effectiveness in research.